

#HATNOTHATE is a ripple effect. Just one person can make a difference.

This page shows all the different ways to implement activities centered around #HATNOTHATE and kindness in your community.



Crafting for Kindness

Make handmade blue hats. Learn how to knit, crochet or loom blue hats to distribute to your community.

Thanks to our friends at Creativity for Kids, you can purchase a #HATNOTHATE Loom Kit.

Don't know how to knit or crochet?
For a printable paper hat activity,
Please scan the QR code or [click here](#).



A Kind Classroom

The Kind Biography

Every day a different student is chosen as the superhero of the class and the students get to empower them with words of kindness

Kindness Chain

Write down acts of kindness on pieces of paper and make a chain, each day cut off one piece and perform the act

B.L.U.E. & K.I.N.D.

Start With the Acronym B.L.U.E or K.I.N.D.
Think About the Message. ...
Brainstorm Words for Each Letter. ...
Choose Your Words.





Rally for Kindness

Have a poster contest

Each classroom or group creates a poster encouraging kindness

Bulletin Board Display

Creative calls to action, how community members can implement kindness

Throw a parade!

A day or afternoon where kindness is celebrated, and everyone wears blue. Including showcasing hats, written kind biographies, posters and more!

LEARN MORE ABOUT THE #HATNOTHATE MOVEMENT
WWW.HATNOTHATE.ORG

